

MRI Prostate / MRI Rectum Bowel Prep Instructions

TO DO THE DAY BEFORE YOUR TEST:

- Please purchase one Fleets Enema from your local pharmacy.
- If your exam is scheduled before 11:30am:
 1. You may eat a light breakfast by 10am.
 2. The remainder of the day you may drink unlimited amounts of any fluid, e.g. water, juice, sports drinks, beef/chicken broth, coffee, tea or pop. No dairy products or protein shakes. You may add sweeteners to your coffee or tea such as molasses, honey, syrup, etc.
- If your exam is scheduled after 12:00pm:
 1. You may eat a light breakfast AND lunch.
 2. The remainder of the day you may drink unlimited amounts of any fluid, e.g. water, juice, sports drinks, beef/chicken broth, coffee, tea or pop. No dairy products or protein shakes. You may add sweeteners to your coffee or tea such as molasses, honey, syrup, etc.

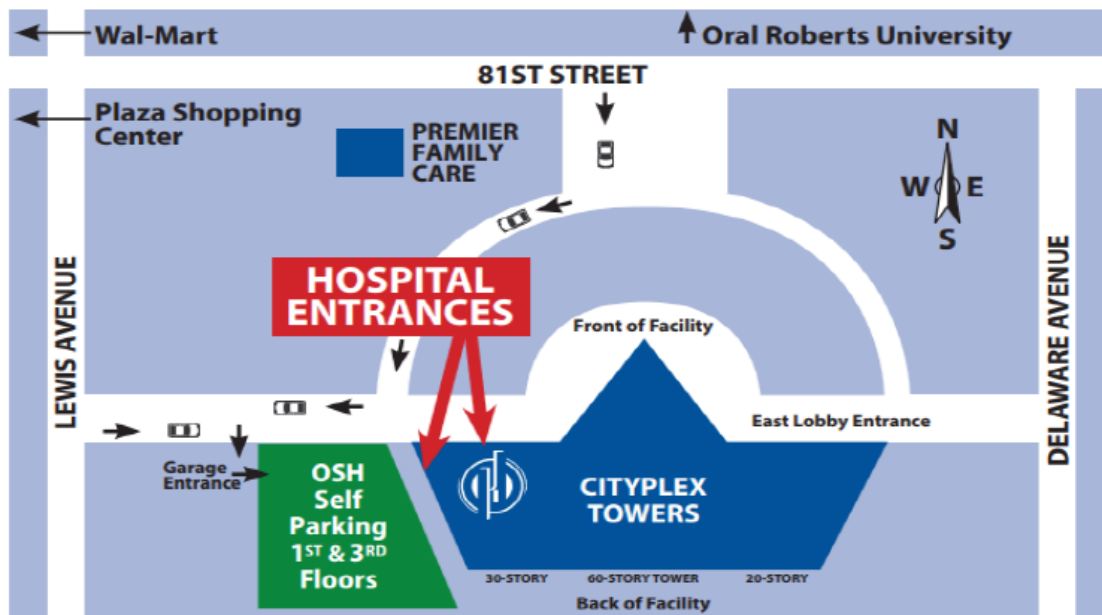
TO DO THE DAY OF YOUR TEST:

- Complete one Fleets Enema prior to the exam. Please use the entire bottle.
 - *Please plan to complete the enema early enough to allow for sufficient travel time to the appointment. 3 hours before you leave your home or the evening before your appointment is best.
- You may have only water after the enema.
- Diabetic patients may have a light breakfast and/or one bottle of Ensure the morning of the test.

Note: If you have a pacemaker, defibrillator, aneurysm clip, or stimulator, please call us immediately at (918) 477-5140, option 2, option 1.

Where are we located: 2408 E 81st St. Tulsa, OK 74137
(corner of 81st and Lewis in the CityPlex Towers)

Parking Instructions: You may park in the parking lot or in the parking garage on the west side of the building on the ground level. Free valet parking is available at the covered main lobby entrance on the northwest side directly under the Oklahoma Surgical Hospital sign.



Check-in Instructions: Once you arrive at Oklahoma Surgical Hospital, please go to the Guest Services desk on the 1st floor of the hospital tower.

What you should wear: Comfortable clothing with no zippers or buttons. We have gowns and shorts for you to change into if your clothing is not suitable.

What you should bring: Please bring your ID and current insurance card.

What you should expect: Once back in the MRI suite, you can expect your exam to last 45 minutes to 1 hour. Sometimes, an IV will be placed in your arm for a contrast injection. Results of the scan will be available to your doctor in about 4 business days.